



Discover your Raleigh Parks and Recreation Department

Toddler and Preschool:

Art - Jumpstart Toddler Montessori

Age: 18-42 mths.

Come explore the wonderful world of learning as you guide your children through our classroom full of educational stations. From math and science centers featuring counting bears and enormous popping bubbles, to language arts centers featuring the works of Eric Carle and Dr. Seuss, your child will have so much fun, they won't even realize how much they are learning. Each week, students will be exposed to a new educational concepts through a short musical lap-sit circle time and puppet show. Then students will be able to get creative with washable art projects. We will also explore 'social stations' full of building blocks, cooking centers, train sets, puppets and more. Get a jump start on preschool! A separate \$45 materials fee will be due to the instructor at the first class meeting that includes a CD of music to take home. Parent Participation required. Instructor: Rhonda Felton Manning, BS in Education. \$50

#129410 Oct 3-Dec 12 W 9:00 AM-10:00 AM

Art - The Colors of Fall by Toddler Time

Age: 2-4 yrs.

Come discover the beauty of Fall in this art class designed for little fingers. From creating a colorful fall leaf wreath to decorating spooking pumpkins, your child will have fun while learning in this center based mini-preschool for our smallest students. Each week, students will have the opportunity to experience a variety of washable art materials as they move at their own pace through our project centers. Then, we will have a short Lap-Sit story time and puppet show to introduce your little ones to the joys of reading! So come on down for a jump start on learning and more importantly, a great experience with your child. Separate \$45 materials fee due to instructor at the first class meeting. Parent Participation required. Instructor: Rhonda Felton Manning, Ed. in Education. \$50

#129421 Oct 3-Dec 12 W 11:00 AM-12:00 PM

Dance - Twinkle Toes - Mom and Me

Age: 6-24 mths.

This is a perfect class for moms that want to spend quality time with their little one while introducing them to music and dance. We use fun lively children's music as well as bubbles, scarves, parachute and more to help encourage children to dance and further develop their gross motor skills. Children get to work on coordination, body awareness, flexibility, self-confidence, social skills and the parent even gets a little stretching and exercise as well.. This class does a great job merging fitness and fun for mother and child! Instructor: Bethany Schlegel, BS in Education and former USGA Gymnast. \$40

#129422 Sep 10-24	M	9:30 AM-10:15 AM
#129423 Oct 8-29	M	9:30 AM-10:15 AM
#129424 Nov 5-26	M	9:30 AM-10:15 AM
#129425 Dec 3-17	M	9:30 AM-10:15 AM

Dance - Twinkle Toes I

Age: 2-3 yrs.

Students will love this wonderful introduction to the art of dance! Twirling ribbons, scarves, hoops and music will be used to promote creative movement. Children will enjoy simple steps and dances that introduce them to ballet and jazz. Students will improve confidence, coordination, self-esteem and body awareness. This class is designed to help children transition to dancing independently without parent. Instructor:

Bethany Schlegel, BS in Ed. and former USGA Gymnast. \$40

#129432 Sep 10-24	M	10:30 AM-11:15 AM
#129433 Oct 8-29	M	10:30 AM-11:15 AM
#129434 Nov 5-26	M	10:30 AM-11:15 AM
#129435 Dec 3-17	M	10:30 AM-11:15 AM

Dance - Twinkle Toes II

Age: 3-4 yrs.

This fun filled dance class introduces students to beginning ballet and jazz's steps, positions, and techniques. This class is twirling ribbons, scarves, hoops, and fun music to encourage creative movement. This class is a great way to improve flexibility, coordination and self-esteem. Students will also learn a short dance routine that will be built upon each week of class. Instructor: Bethany Schlegel, BS in Education. \$40

#129451 Oct 1-15	M	11:30 AM-12:15 PM
#129452 Oct 8-29	M	11:30 AM-12:15 PM
#129453 Nov 5-26	M	11:30 AM-12:15 PM
#129454 Dec 3-17	M	11:30 AM-12:15 PM



RALEIGH PARKS AND RECREATION

Brier Creek Community Center | 10810 Globe Rd. | Raleigh, NC 27617 | (919) 420-2340

Center Director: Laura Brannon laura.brannon@raleighnc.gov

Assistant Director: Robert Stewart robert.stewart@raleighnc.gov

www.parks.raleighnc.gov

Toddler and Preschool:**Music - Harvest Harmonies by Moving to the Music**

Age: 18-42 mths.

The air is getting chilly, so turn up the heat in this lively class for our youngest music lovers. We will explore the magic of autumn through circle time songs, educational games and dramatic play for tiny toes. Your child will learn about pumpkins, fall leaves, apples, harvest time and many other fall concepts as we sing and dance our way through the season. Special events include arts and crafts projects, parachute games and much more! Each child will receive a music bag which contains a CD of the music used in our class. Parent participation is required. A separate \$45 materials fee will be due to the instructor at the first class meeting. Instructor: Rhonda Felton Manning, BS in Education. Class Fee: \$50

#129416 Oct 3-Dec 12 W 10:00 AM-11:00 AM

Gymnastics - Tumbling Tinies

Age: 9-24 mths.

Parent and child participate in a fun filled class that enhances balance, fitness and social skills. Tots will enjoy music, silly dances, tunnels, slides, obstacle courses, parachute play more! This class provides a time of fun and togetherness for you and your little one while building their motor skills. Instructor: Bethany Schlegel, BS in Education and former USGA Gymnast. \$40

#129461 Sep 7-28 F 9:30 AM-10:15 AM

#129462 Oct 12-26 F 9:30 AM-10:15 AM

#129463 Nov 2-30 F 9:30 AM-10:15 AM

#129464 Dec 7-21 F 9:30 AM-10:15 AM

Gymnastics - Tumbling Tots

Age: 18-3 mths.

Parent and child participate in fun filled class that enhances motor skills, strength, balance, fitness and social skills. Children enjoy beginning gymnastic skills, obstacle courses, music, silly dances, parachute play and more! Have fun bonding with your child while they release energy in a fun and safe setting. Instructor: Bethany Schlegel, Former USGA Gymnast, BS in Elementary Ed. \$40

#129467 Sep 7-28 F 10:30 AM-11:15 AM

#129468 Oct 12-26 F 10:30 AM-11:15 AM

#129469 Nov 2-30 F 10:30 AM-11:15 AM

#129470 Dec 7-21 F 10:30 AM-11:15 AM

Gymnastics- Tumble Time

Age: 3-4 yrs.

Children are introduced to the basics of gymnastics in a fun and playful class. Your child will experience the fun of doing flexibility moves, stunts, beam, bars, obstacle courses, parachute play and more! Course designed to help youth release energy while developing strength, flexibility, coordination and confidence. Instructor: Bethany Schlegel: Former USGA Gymnast, BS in Elementary Ed. \$40

#129478 Sep 7-28 F 11:30 AM-12:15 PM

#129479 Oct 12-26 F 11:30 AM-12:15 PM

#129480 Nov 2-30 F 11:30 AM-12:15 PM

#129481 Dec 7-21 F 11:30 AM-12:15 PM

Soccer - Little Kickers with Coach Jay

Age: 3-5 yrs.

This class is an introduction in skills development that teaches the basics of soccer including drills such as passing, dribbling, and shooting. Class will help develop hand/eye coordination, listening skills, good sportsmanship and teamwork! GOAL!!!! \$36

#129490 Sep 4-25 Tu 4:45 PM-5:45 PM

#129491 Sep 4-25 Tu 5:45 PM-6:30 PM

#129492 Oct 2-23 Tu 4:45 PM-5:30 PM

#129493 Oct 2-23 Tu 5:45 PM-6:30 PM

T-Ball - Little Sluggers with Coach Jay

Age: 3-5 yrs.

Introduction to T-ball skills using activities that teach fielding, hitting, throwing, and catching. This basic sports program will also help build your child's coordination and confidence in a fun, non-competitive atmosphere. \$36

#129575 Sep 6-27 Th 4:45 PM-5:30 PM

#129576 Sep 6-27 Th 5:45 PM-6:30 PM

#129577 Oct 4-25 Th 4:45 PM-5:30 PM

#129578 Oct 4-25 Th 5:45 PM-6:30 PM

Youth**Art – KidzArt**

Age: 6-12 yrs.

Drawing classes meet right after school once each week for one hour. Access the power of your imagination...express ideas freely...overcomes the impulse to judge yourself or others. Learn what to do with mistakes. Develop your own drawing style. Curriculum will surprise you and is always new...no repeats. Everyone can do it but our Brier Creek class is geared to first graders up. High quality artist's materials are included. Space is limited so sign up today! Please note a \$5.00 fee has been included in your registration fee to cover supervision from 3:45pm until class begins at 4pm.

#129592 Sep 18-Oct 30 Tu 4:00 PM-5:00 PM Track 2 \$105

#129593 Oct 2-Nov 27 Tu 4:00 PM-5:00 PM Track 1 \$105

#129594 Oct 23-Dec 11 Tu 4:00 PM-5:00 PM Track 4 \$90

#129595 Nov 13-Dec 11 Tu 4:00 PM-5:00 PM Track3 \$60

Youth

Brier Creek Violin Program NEW!

Age: 6-11 yrs.

Students of the Brier Creek Music Program will have fun while learning to play violin. The program consists of one-on-one, individually structured lessons designed to meet the needs and maximize growth of each student. Students will purchase books upon the instructor's recommendation. Violin students are required to provide their own instrument. Please call 919-420-2340 for additional information and to schedule your session.

Instructor: Brittany Geary, B.M. Music for Meredith College.

#131298	Sep 5-26	W	4:00 PM-8:00 PM	\$100
#131299	Oct 3-31	W	4:00 PM-8:00 PM	\$125
#131300	Nov 7-28	W	4:00 PM-8:00 PM	\$100
#131301	Dec 5-19	W	4:00 PM-8:00 PM	\$ 75

radKIDS Anti-Bullying & Violence Prevention

Age: 5-11 yrs.

Increase your child's safety and self-confidence! Through fun and exciting activities, we teach how to tell if a stranger is good or bad; how to use family passwords (and when knowing the password doesn't count); when it's okay to knock everything off the shelves in a store; and how to respond when someone offers your child 'candy'. We also teach real physical techniques that kids can use successfully against a predator, including strikes, kicks and blocks. Also covered: how to handle bullies, good touch vs. bad touch, Internet safety and more! Each child receives a radKIDS activity book and family safety manual. Pam Adamchik, Nationally Certified radKids instructor. \$70

#129699	Sep 7-28	F	4:00 PM-5:30 PM
#129700	Oct 5-26	F	4:00 PM-5:30 PM

Karate Introduction for Kids

Age: 4-6 yrs.

Kids love karate for the big movements, new skills and self-confidence. Parents love karate for exercise, increased focus, and good manners. KIK helps boys and girls with no karate or classroom experience improve coordination and listening through Japanese karate. Instructor: Triangles Best Karate. \$36

#129631	Sep 13-27	Th	5:45 PM-6:15 PM
#129632	Oct 4-25	Th	5:45 PM-6:15 PM
#129633	Nov 1-29	Th	5:45 PM-6:15 PM
#129634	Dec 6-20	Th	5:45 PM-6:15 PM

Karate Youth!

Age: 5-11 yrs.

Learn Japanese karate basics of punches, blocks, kicks, and stances in a fun, structured and safe environment. Benefits include improved listening, coordination, manners, and self-discipline. Instructors are experienced karate instructors from AAU, Triangle Best Karate. \$36

#129652	Sep 10-Oct 1	M	5:30 PM-6:00 PM
#129653	Oct 8-29	M	5:30 PM-6:00 PM
#129654	Nov 5-26	M	5:30 PM-6:00 PM
#129655	Dec 3-17	M	5:30 PM-6:00 PM

Kids Nite Out

Age: 4-10 yrs.

Kids, grab all your friends and come on over for a night filled with fun just for YOU! We'll have a light dinner, make crafts or play games, and watch a movie. Registration 3 days prior to the program date is required. \$13

#129658	Sep 14	F	6:00 PM-9:00 PM
#129659	Oct 12	F	6:00 PM-9:00 PM
#129660	Nov 9	F	6:00 PM-9:00 PM
#129661	Dec 14	F	6:00 PM-9:00 PM

Basketball - Anthony Greenup Basketball Clinic NEW!

Age: 6-12 yrs.

Anthony 'Airport' Greenup, former player for Shaw University and the Charlotte Bobcats, and current player for the world-famous Harlem Globetrotters, will be bringing his expertise to Raleigh in a basketball clinic created to excite both boys and girls about the game of basketball. His staff will work with participants through coaching and mentorship to teach technique, sportsmanship and attitude designed to make each player their best both on and off the court. T-shirts and refreshments will be provided, and participants will have a chance to get an autograph from Anthony himself! Pre-registration is highly recommended at least 7 days in advance of each clinic. \$45

#131404	Oct 13	Sa	10:00 AM-2:00 PM
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Soccer Academy

Age: 5-8 yrs.

Basic soccer skills emphasized while incorporating fun and fitness through drills, games and activities. Instructor: Alan Cohan. \$75

Grades K-2nd:

#129679	Sep 11-27	Tu, Th	4:30 PM-5:45 PM	\$75
#129680	Oct 2-25	Tu, Th	4:30 PM-5:45 PM	\$100
#129681	Oct 30-Nov 15	Tu, Th	4:30 PM-5:45 PM	\$100

Grades 3-5:

#129682	Sep 10-26	M, W	4:30 PM-5:45 PM	\$75
#129683	Oct 1-24	M, W	4:30 PM-5:45 PM	\$100
#129684	Oct 29-Nov 14	M, W	4:30 PM-5:45 PM	\$100

Adult:

Safety: RAD Women's Self Defense

Age: 16yrs. and up.

For women only, this class teaches techniques to fight off sexual assault, abduction, and domestic violence. Learn how to block a strike, escape a wrist grab, choke hold and bear hug, and execute more effective punches and kicks. Also covered: ground-fighting and rape reversal - essential for all women to know! Each session is two Saturdays. Instructor: Pam Adamchik \$50

#129714 Dec 8-15 Sa 9:30 AM-12:00 PM

#129715 Oct 6-13 Sa 9:30 AM-12:00 PM

Exercise - Beginner Tai Chi Workshops

Age: 10yrs. and up.

The 100 minutes workshop is an introduction to basic Tai Chi skills and movements. Basic Tai Chi skills include body alignment, balance, coordination and breath control. Tai Chi movements include basic postures and steps in Tai Chi form. The focus of class contents will be based upon the level of the participants. Instructor, Dr. Turner, Chinese native. \$16

#129755 Sep 4 Tu 7:00 PM-8:40 PM

#129756 Nov 6 Tu 7:00 PM-8:40 PM

#129757 Nov 13 Tu 7:00 PM-8:40 PM

#129762 Sep 6 Th 7:00 PM-8:40 PM

#129763 Nov 8 Th 7:00 PM-8:40 PM

#129764 Nov 15 Th 7:00 PM-8:40 PM

Exercise - Indoor Boot Camp NEW!

Age: 16yrs. and up.

Wanted! People who want to slim down, shape up, and feel great! We'll give you a fast-paced workout using bands, plyometrics, shuttle runs, and punching bags to build core strength, leg strength, footwork, endurance and a positive attitude. Beginners and warriors alike are welcome. Open to men and women. Instructor: Triangle Best Karate. \$24

#131051 Sep 10-Oct 1 M 7:30 PM-8:15 PM

#131052 Oct 8-29 M 7:30 PM-8:15 PM

#131053 Nov 5-26 M 7:30 PM-8:15 PM

#131054 Dec 3-17 M 7:30 PM-8:15 PM

Exercise - Zumba at Creek!

Age: 16yrs. and up.

International explosion of dance, fun, and fitness! Learn the basic Latin rhythms and moves of merengue, salsa, cumbia & more....No prior dance experience or background necessary. Come join the Zumba party! Let's dance!!! (low-high energy) Meets every Tuesday and Thursday, 7:30-8:30pm. Passes sold: \$5.00 (daily), \$24 (6 visits), and \$42 (12visits). Instructor: Katie Lockmany.

Fitness - Zumba at Brier Creek!

Fitness - Yoga at Brier Creek

Age: 16yrs. and up.

Come and discover the benefits of yoga. It is very effective for stress reduction and relaxation. Stretch, find balance, greater strength, and overall well-being. This class will focus on where you are in your body with gentle healing postures. Join us and learn ways that you can reap the benefits of yoga! Bring yoga mat to class. Instructor: Nancy Williams, Yogafit Certified. Multi-pass sold to fit your individual schedule. Passes: \$50.00 (6visits) or \$75 (12 visits). One time trail pass: \$10.00.

Beginner Yoga

#129856 Sep 5-10 W, M 6:15 PM-7:15 PM

Continuing Yoga

#129857 Sep 5-10 W, M 7:30 PM-8:30 PM

Afternoon Yoga

#129858 Sep 5-10 W, M 4:15 PM-5:15 PM

Chair Yoga

#129859 Sep 5-10 W, M 3:00 PM-4:00 PM

Table Tennis Brier Creek

Age: 18yrs. and up.

Come and join Friday evenings of fun and competition playing table tennis. All levels and ages welcome and encouraged to play. USATT affiliated tournaments held throughout the year. Daily visit cost \$5. Multi day passes sold. Instructor: Jim McQueen.

Pickleball NEW!

Age: 18yrs and up.

What is Pickleball? A combination of tennis, badminton, and table tennis that is fast paced, easy to learn, great exercise, and great fun! Meets every Monday through mid-November at the Brier Creek Gym 6:30am-8:45pm

English as a Second Language (ESL) - Clases de Ingles

Age: 18yrs. and up.

These classes are offered for beginner levels. Classes are designed for people that utilize a primary language other than English and are interested in learning important skills to communicate in English.

Estas clases se ofrecen a nivel de principiantes. Las clases están diseñadas para gente que no habla inglés como su primer idioma y que están interesadas en aprender términos básicos para comunicarse en el idioma inglés.

#127877 Sep 8-Oct 13 Sa 11:30 AM-1:00 PM

#127878 Oct 27-Dec 8 Sa 11:30 AM-1:00 PM

Special Events / Programs:**Event - Halloween Boo Bash**

Age: 1-10 mths.

Join us for ghastly games, spooktacular activities, fang-tastic crafts and more each week leading up to our annual BOO BASH event held at Brier Creek Community Center which includes even more fun, chills and thrills, games, trunk-or-treating, a spooky bus haunted stories. Candy, and plenty of creepy scares for the whole family to ex-FEAR-ience. This event is sponsored by District 1 Community Centers Brier Creek, Greystone, Lake Lynn, Millbrook and Optimist.

#129667 Oct 19 F 6:30 PM-8:00 PM

Santa's Stocking

Age: 1mths. and up.

Make It! Take It Crafts!! Kids of all ages invited to participate in this family holiday craft event. Parent participation required. Special guest visit from the North Pole and refreshments provide from Mrs. Clause's Kitchen. Pre-registration required. \$5 per family

#129702 Dec 15 Sa 10:30 AM-12:00 PM

Birthday Parties - "Celebration Station"

Age: 2-10 yrs.

Plan your child's next birthday party at your favorite participating Community Center. Includes: one three hour room rental, and 45 minutes organized activity with instructor. Choose from a variety of themes such as Gymnastic Gems, Cheerful Cheerers, Ballerina Beauties, Teddy Bear Tea Time, or Sports! Max 12 kids. To reserve your party, just call one of the participating sites: Brier Creek 919-420-2340 or Optimist 919-870-2880.: \$185

Kids Nite Out!

Age: 4-10 yrs.

Kids, grab all your friends and come on over for a night filled with fun just for YOU! We'll have a light dinner, crafts, games, and watch a movie. Registration 3 days prior to the program date is suggested. \$13

#129658 Sep 14 F 6:00 PM-9:00 PM

#129659 Oct 12 F 6:00 PM-9:00 PM

#129660 Nov 9 F 6:00 PM-9:00 PM

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Meets every Monday through mid-November at the Brier Creek Gym 6:30am-8:45pm

Brier Creek Hours of Operation

Monday-Friday 7am-9pm
Saturday 9am – 3pm
Sunday 1pm – 6pm

3 Easy ways to Register!

Mark Your Calendar
Begins July 31, 2012

Mail In:

Attn: Recreation Business Office
Pullen Arts Center
105 Pullen Road
Raleigh, NC 27607

Walk In:

Registrations will be accepted at your local
Staffed community center.

Online:

Visit Reclink.raleighnc.gov

Facility Rentals

All rentals have a 2hr minimum
To reserve space Contact Brier Creek Community Center
For rentals outside normal business hours add \$20/hr

Gymnasium - \$80/hr.
Capacity 768 / Air Conditioned

Extra Large Room - \$70/hr.
Capacity 99

Large Rooms - \$60/hr.
Capacity 49

Kitchen - \$20/hr.
Catering and warming only

Shelter
\$60/half day & \$120/full day
8 tables / Restroom / Grill

To reserve fields contact the Athletics Department at
831-6836

Upcoming Events:

2012 Youth Basketball

Registration: October 1st – 12th

2012 Adult Basketball

Registration: October 15th – 19th

RALEIGH PARKS AND RECREATION

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